



**Europass
Curriculum Vitae**



Personal information

First name(s) / Surname(s) **Mihai-Adrian Olanescu**

Address(es)

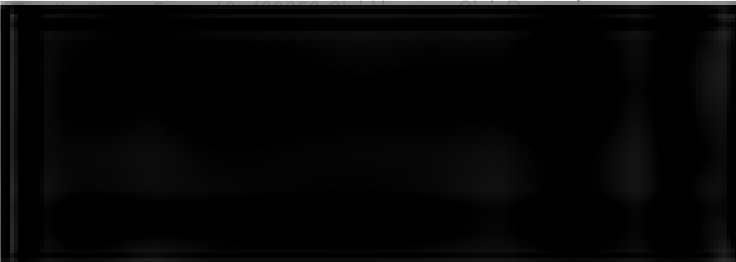
Telephone(s)

Fax(es)

E-mail

Nationality

Date of birth



Work experience

Dates 02.2008 - present day

Occupation or position held **Lecturer Professor**

Main activities and responsibilities Leadership and coordination of physical education and sports classes with students from Years I and II. Head Coach of the Technical University's basketball team.
Led the University's basketball team at the International Student Tournament (LISST 2008, 2009) in Leuven, Belgium

Name and address of employer Technical University of Cluj-Napoca

Dates 02.2001-02.2008

Occupation or position held **Assistant Professor**

Main activities and responsibilities Leadership and coordination of physical education and sports classes with students from Years I and II. Head Coach of the Technical University's basketball team.
Swimming trainer at Technical University Swimming Pool.
Led the University's basketball team at the International Student Tournament (LISST 2001, 2003, 2005, 2007) in Leuven, Belgium.

Name and address of employer Technical University of Cluj-Napoca



Dates 02.1999 – 02.2001

Occupation or position held **Assistant Professor**

Main activities and responsibilities Leadership and coordination of physical education and sports classes with students from Years I and II. Head Coach of the Technical University's basketball team.
Swimming trainer at Technical University Swimming Pool.
Led the University's basketball team at the International Student Tournament (LISST 2000) in Leuven, Belgium.

Name and address of employer Technical University of Cluj-Napoca

Education and training

Dates 2016 – 2018

Title of qualification awarded Level 3 Certificate in Supporting the Delivery of Physical Education and School Sport

Principal subjects/occupational skills covered Physical Education and Sport

Name and type of organization providing education and training. Awarded by 1st4sport Qualifications and develop in partnership with the Association for Physical Education, London

Dates 2008 – 2014

Title of qualification awarded PhD in Sociology

Principal subjects/occupational skills covered Sociology

Name and type of organization providing education and training. Faculty of Sociology and Social Work
Babes-Bolyai University Cluj-Napoca

Dates 1997-2001

Title of qualification awarded B.A., Biology

Name and type of organization providing education and training Faculty of Biology and Geology
Babes-Bolyai University Cluj-Napoca

Dates 1994-1998

Title of qualification awarded B.A., Physical Education & Sport
Specialization: Physical Education & Sports
Sports specialty and coaching practice: Basketball

Name and type of organization providing education and training Faculty of Physical Education & Sports
Babes-Bolyai University Cluj-Napoca

Personal skills and competences

Mother tongue(s) **Specify mother tongue Romanian**

Other language(s) **English**

Self-assessment
European level (*)

**English
Language**

Understanding		Speaking		Writing
Listening	Reading	Spoken interaction	Spoken production	
C1 - 5.5	C1 - 5	B2 - 4.7	B2 - 4.5	B2 - 4.2



(*) *Common European Framework of Reference for Languages*

Social skills and competences	Good ability to adapt to multicultural environments, gained through my work experience abroad. Adaptability and flexibility in any field of activity.
Organizational skills and competences	Calm, quiet, used long hours of work, capacity to manage working under stress & deadlines. Experiences in working with children & teenagers.
Technical skills and competences	Replace this text with a description of these competencies and indicate where they were acquired. (Remove if not relevant, see instructions)
Computer skills and competences	Good command of Microsoft Office™ tools (Word™, Excel™ and PowerPoint™), Internet
Driving license	Category: B
Additional information	



1. Majkić, B.; Stojanović, N.; Marković, A.; Stojiljković, N.; Olanescu, M.; Suci, A.; Peris, M.; Plesa, A. Running Speed Loss Can Be Prevented with Passive Heat Maintenance before the Start of the Soccer Match. *Appl. Sci.* **2023**, *13*, 6889. <https://doi.org/10.3390/app13126889>
2. Kojić, F.; Peleš, V.; Jorgić, B.; Olanescu, M.; Suci, A.; Peris, M. Relationship between Body Composition and Gross Motor Coordination in Six-Year-Old Boys and Girls. *Appl. Sci.* **2023**, *13*, 6404. <https://doi.org/10.3390/app13116404>
3. Hadžović, M.M.; Đorđević, S.N.; Jorgić, B.M.; Stojiljković, N.Đ.; Olanescu, M.A.; Suci, A.; Peris, M.; Plesa, A. Innovative Protocols for Determining the Non-Reactive Agility of Female Basketball Players Based on Familiarization and Validity Tests. *Appl. Sci.* **2023**, *13*, 6023. <https://doi.org/10.3390/app13106023>
4. Olanescu, M.A.; Suci, M.A.; Scheuer, C.; Peris, M. COVID-19 Pandemic: Impediment or Opportunity? Considerations Regarding the Physical-Health Impact and Well-Being among Romanian University Students. *Appl. Sci.* **2022**, *12*, 8944. <https://doi.org/10.3390/app12188944>
5. Olănescu Mihai, Popa Carmin. *Adaptive Solutions For The Junior Basketball Player To Maintain A High Level Of Physical Training Throughout The Pandemic*. Ovidius University Annals, Series Physical education and Sport/Science, Movement and Health, Issue 1, Volume XXIII, January 2023, 23 (1): pp: 49 - 54. <https://analefefs.ro/anale-fefs/2023/i1/>
6. Olănescu Mihai, Suci Marius Adrian, Peris Miruna. *Implementation of technology in physical activities designed for students*. Published in: 2021 9th International Conference on Modern Power Systems (MPS), Date of Conference: 16-17 June 2021, Date Added to IEEE Xplore: 28 July 2021, Electronic ISBN:978-1-6654-3382-2, Print on Demand (PoD) ISBN:978-1-6654-3383-9, INSPEC Accession Number: 20968167, DOI: [10.1109/MPS52805.2021.9492648](https://doi.org/10.1109/MPS52805.2021.9492648), Publisher: IEEE, Conference Location: Cluj-Napoca, Romania <https://ieeexplore.ieee.org/document/9492648>
7. Olănescu Mihai, Suci Marius Adrian, Peris Miruna, Ianos Alexandru. *Smart assessment methodology in physical education classes*. Published in: 2021 9th International Conference on Modern Power Systems (MPS), Date of Conference: 16-17 June 2021, Date Added to IEEE Xplore: 28 July 2021, Electronic ISBN:978-1-6654-3382-2, Print on Demand (PoD) ISBN:978-1-6654-3383-9, INSPEC Accession Number: 20968207 DOI: [10.1109/MPS52805.2021.9492587](https://doi.org/10.1109/MPS52805.2021.9492587), Publisher: IEEE, Conference Location: Cluj-Napoca, Romania <https://ieeexplore.ieee.org/document/9492587>
8. Olănescu Mihai. *Study On Sports Socialization Among University Students*. GYMNASIUM, [S.I.], v. XXII, n. 1, p. 19-33, june 2021. ISSN 2344-5645. Available at: <http://www.gymnasium.ub.ro/index.php/journal/article/view/626>
doi: <https://doi.org/10.29081/gsjesh.2021.22.1.02>.
9. Olănescu Mihai. *Study of Sports Motivation of Students from the Technical University of Cluj-Napoca*. STUDIA UBB EDUCATIO ARTIS GYM., LXVI, 3, 2021, pp. 93 – 106 (RECOMMENDED CITATION) DOI: [10.24193/SUBBEAG.66\(3\).27](https://doi.org/10.24193/SUBBEAG.66(3).27)
http://www.studia.ubbcluj.ro/download/pdf/educatio/2021_1/05.pdf
10. Olănescu Mihai. *Main Factors that Contribute to the Reduction of Participation in Sports Activities Among University Students*. STUDIA UBB EDUCATIO ARTIS GYM., LXVI, 1, 2021, pp. 51 – 59 (RECOMMENDED CITATION) DOI: [10.24193/subbeag.66\(1\).05](https://doi.org/10.24193/subbeag.66(1).05), <http://www.studia.ubbcluj.ro/download/pdf/1356.pdf>
11. Olănescu Mihai. *A comparative study of students' motivation to practice sports activities in their leisure time*. SPORT AND SOCIETY Interdisciplinary Journal of Physical Education and Sports Volume 21, Issue 1 (2021) <https://doi.org/10.36836/2021/2/22>
12. Olănescu Mihai, Popa Carmin. *Study regarding the influence of the pandemic on the junior basketball training program*. Ovidius University Annals, Series Physical education and Sport/Science, Movement and Health, Issue 2 Supplement, Volume XXI, September 2021, 21 (2): pp: 389 - 394. <https://www.analefefs.ro/anale-fefs/2021/i2-supplement/>
13. Olănescu Mihai. *Assessment of Learning in Physical Education and Sport Lessons*, Published in Journal of Physical Education, Sport and Health (Online), vol. 5, issue 3, 2020, pp. 26-29, ISSN: 2602-0440, ISSN-L: 2602-0440, Journal indexed by the International Data Base (BDI): ROAD (Directory of Open Access Scholarly Resources) <https://road.isn.org/>, ICPP-ICP (International Catalog of the Periodical Publications, edited by the ISSN International Centre from Paris) <http://www.defs.unibuc.ro/conferintaub/revista.php>
<https://university-arena.unibuc.ro/wp-content/uploads/2021/04/University-Arena-5-2020.pdf>
14. Olănescu Mihai. *Communication in Physical Education and Sport lessons*. Published in University Arena – Journal of Physical Education, Sport and Health (Online), vol. 3, issue 2, 2019, pp. 25-29, ISSN: 2602-0440, ISSN-L: 2602-0440, Journal indexed by the International Data Base (BDI): ROAD (Directory of Open Access Scholarly Resources) <https://road.isn.org/>, ICPP-ICP (International Catalog of the Periodical Publications, edited by the ISSN International Centre from Paris) <https://university-arena.unibuc.ro/wp-content/uploads/2019/07/Journal-University-Arena-vol-3.-issue-2-2019.pdf>

Books:

1. **Olanescu Mihai.** *Social dimensions of practicing physical sports activities. Second edition revised and completed, Risoprint Publishing House, Cluj-Napoca, 2023, ISBN 978-973-53-3014-9*
2. **Olanescu Mihai.** *Practicing physical sports activities among the student population. Case study the Technical University of Cluj-Napoca. Revised and completed 2nd edition, Risoprint Publishing House, Cluj-Napoca, 2023, ISBN 978-973-53-3022-4*
3. **Olanescu Mihai.** *Social Dimensions of practicing physical activities and sports.* Napoca Star Publishing, Cluj-Napoca, 2015, ISBN 978-606-690-234-2
4. **Olanescu Mihai.** *Practicing physical activities and sports for the student population. The Case Study Technical University of Cluj-Napoca.* Napoca Star Publishing, Cluj-Napoca, 2015, ISBN 978-606-690-235-9
5. **Olanescu Mihai.** *The transition game in basketball,* Napoca Star Publishing, Cluj-Napoca, 2007, ISBN: 978-973-647-548-1
6. **Dumitrescu, M., Olănescu, M., Rusu, A.** – *Physical education for students from U.T.C.N, UT Pres Publishing House, Cluj-Napoca, 2007, ISBN 978-973-662-291-5*

9.06.2023

Lecturer Dr. Mihai Olanescu



