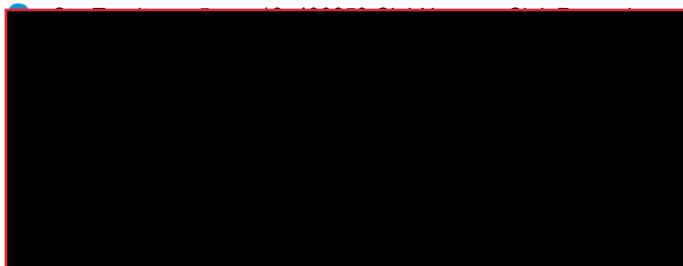


INFORMAȚII PERSONALE



Mihai Adrian Olănescu



EXPERIENȚA PROFESIONALĂ

02.2008 - prezent

Șef LucrăriUniversitatea Tehnică din Cluj-Napoca (Str. Memorandumului, Nr. 28, website: www.utcluj.ro)

Departamentul de Mecatronică și Dinamica Mașinilor

Activități didactice: lucrări practice cu studenții din anul I și II, verificări studenți

Pregătirea și conducerea echipei de baschet a Universității Tehnice din Cluj-Napoca la Turneul Universitar Studențesc de baschet de la Arad (2009, 2010), Sibiu (2012, 2013), Pitești 2019 și București (2019, 2023)

Activități metodico-științifice și organizatorice

Tipul activității sau sectorului de activitate Învățământ superior

02.1999 - 02.2008

AsistentUniversitatea Tehnică din Cluj-Napoca (Str. Memorandumului, Nr. 28, website: www.utcluj.ro)

Departamentul de Mecatronică și Dinamica Mașinilor

Activități didactice: lucrări practice cu studenții din anul I și II, verificări studenți

Pregătirea și conducerea echipei de baschet a Universității Tehnice la Turneul Internațional Studențesc (LISST 2003, 2005 și 2007) Leuven, Belgia

Activități metodico-științifice și organizatorice

Tipul activității sau sectorului de activitate Învățământ superior

STUDII ȘI CURSURI DE SPECIALITATE

2016-2018

Level 3 Certificate in Supporting the Delivery of Physical Education and School SportAwarded by 1st4sport Qualifications and develop in partnership with the Association for Physical Education, London, UK

2009-2014

Doctorat în Sociologie

Facultatea de Sociologie și Asistență Socială, Universitatea „Babes-Bolyai” din Cluj-Napoca

1997-2001

Diplomă de licență în Biologie

Facultatea de Biologie și Geologie, Universitatea „Babes-Bolyai” din Cluj-Napoca

1994-1998

Diplomă de licență în Educație Fizică și Sport

Facultatea de Educație Fizică și Sport, Universitatea „Babes-Bolyai” din Cluj-Napoca

Specializare: Educație Fizică și Sport

Specializare sportivă: Baschet

Limba maternă Română

Limbii străine cunoscute

Engleză

	ÎNȚELEGERE		VORBIRE		CITIRE
	Listening	Reading	Spoken interaction	Spoken production	
Engleză	5.5	5	4.7	4.5	4.2

Aptitudini și competențe sociale

- adaptabilitate și flexibilitate în orice domeniu de activitate
- experiență în munca cu adolescenți și studenți
- muncă în echipă în activitatea didactică

Aptitudini și competențe organizatorice

- organizarea competițiilor sportive și modernizarea bazelor sportive
- participarea la acțiuni sportive studențești la alte Universități din țară și străinătate
- pregătirea și conducerea echipei reprezentative de baschet a Universității
- Experiență în a lucra cu copii și adolescenți

Alte aptitudini și competențe

- Adaptabilitate și flexibilitate în orice domeniu de activitate

Permis de conducere

- Categoria: B

ADDITIONAL INFORMATION

Publicații

1. Majkić, B.; Stojanović, N.; Marković, A.; Stojiljković, N.; **Olănescu, M.**; Suci, A.; Peris, M.; Plesa, A. Running Speed Loss Can Be Prevented with Passive Heat Maintenance Before the Start of the Soccer Match. *Appl. Sci.* **2023**, *13*, 6889. <https://doi.org/10.3390/app13126889> <https://www.webofscience.com/wos/woscc/full-record/WOS:001016911500001>
2. Jorgić, B.M.; Đorđević, S.N.; Hadžović, M.M.; Milenković, S.; Stojiljković, N.Đ.; **Olănescu, M.**; Peris, M.; Suci, A.; Popa, D.; Plesa, A. The Influence of Body Composition on Sagittal Plane Posture among Elementary School-Aged Children. *Children* **2024**, *11*, 36. <https://doi.org/10.3390/children11010036> <https://www.mdpi.com/2227-9067/11/1/36>
3. Hadžović, M.M.; Đorđević, S.N.; Jorgić, B.M.; Stojiljković, N.Đ.; **Olănescu, M.A.**; Suci, A.; Peris, M.; Plesa, A. Innovative Protocols for Determining the Non-Reactive Agility of Female Basketball Players Based on Familiarization and Validity Tests. *Appl. Sci.* **2023**, *13*, 6023. <https://doi.org/10.3390/app13106023>
4. Kojić, F.; Pelešić, V.; Jorgić, B.; **Olănescu, M.**; Suci, A.; Peris, M. Relationship between Body Composition and Gross Motor Coordination in Six-Year-Old Boys and Girls. *Appl. Sci.* **2023**, *13*, 6404. <https://doi.org/10.3390/app13116404>
5. **Olănescu, M.A.**; Suci, M.A.; Scheuer, C.; Peris, M. COVID-19 Pandemic: Impediment or Opportunity? Considerations Regarding the Physical-Health Impact and Well-Being among Romanian University Students. *Appl. Sci.* **2022**, *12*, 8944. <https://doi.org/10.3390/app12188944>
6. **Olănescu Mihai**, Suci Marius Adrian, Peris Miruna. *Implementation of technology in physical activities designed for students*. The 9th International Conference on Modern Power Systems (IEEE-MPS 2021). Published in: [2021 9th International Conference on Modern Power Systems \(MPS\)](#), 16-17 June 2021, Date Added to IEEE Xplore: 28 July 2021, Publisher: IEEE, Conference Location: Cluj-Napoca, Romania, INSPEC Accession Number: 20968167, DOI: [10.1109/MPS52805.2021.9492648](https://doi.org/10.1109/MPS52805.2021.9492648)
7. **Olănescu Mihai**, Suci Marius Adrian, Peris Miruna, Ianos Alexandru. *Smart assessment methodology in physical education classes*. The 9th International Conference on Modern Power Systems (IEEE-MPS 2021). Published in: [2021 9th International Conference on Modern Power Systems \(MPS\)](#), 16-17 June 2021, Date Added to IEEE Xplore: 28 July 2021, Publisher: IEEE, Conference Location: Cluj-Napoca, Romania, INSPEC Accession Number: 20968207, DOI: [10.1109/MPS52805.2021.9492587](https://doi.org/10.1109/MPS52805.2021.9492587)
8. **Olănescu Mihai**, Popa Carmin. *Study regarding the influence of the pandemic on the junior basketball training program*. Ovidius University Annals, Series Physical education

- and Sport Science, Movement and Health, Issue 2 Supplement, Volume XXI, September 2021, 21 (2): pp: 389 - 394. <https://www.analefefs.ro/anale-fefs/2021/i2-supplement/>
9. **Olănescu Mihai.** *Study On Sports Socialization Among University Students.* GYMNASIUM, [S.I.], v. XXII, n. 1, p. 19-33, june 2021. ISSN 2344-5645. Available at: <http://www.gymnasium.ub.ro/index.php/journal/article/view/626>
doi: <https://doi.org/10.29081/gsjesh.2021.22.1.02>.
 10. **Olănescu Mihai.** *A comparative study of students' motivation to practice sports activities in their leisure time.* SPORT AND SOCIETY Interdisciplinary Journal of Physical Education and Sports Volume 21, Issue 1 (2021) <https://doi.org/10.36836/2021/2/22>
 11. **Olănescu Mihai.** *Study Of Sports Motivation Of Students From The Technical University Of Cluj-Napoca.* STUDIA UBB EDUCATIO ARTIS GYM., LXVI, 3, 2021, pp. 93 – 106 (RECOMMENDED CITATION) DOI:10.24193/subbeag.66(3).27
<http://www.studia.ubbcluj.ro/download/pdf/1394.pdf>
 12. **Olănescu Mihai.** *Main Factors that Contribute to the Reduction of Participation in Sports Activities Among University Students.* STUDIA UBB EDUCATIO ARTIS GYM., LXVI, 1, 2021, pp. 51 – 59 (RECOMMENDED CITATION) DOI:10.24193/subbeag.66(1).05,
<http://www.studia.ubbcluj.ro/download/pdf/1356.pdf>
 13. **Olănescu Mihai.** *Assessment of Learning in Physical Education and Sport Lessons,* Published in Journal of Physical Education, Sport and Health (Online), vol. 5, issue 3, 2020, pp. 26-29, ISSN: 2602-0440, ISSN-L: 2602-0440, Journal indexed by the International Data Base (BDI): ROAD (Directory of Open Access Scholarly Resources) <https://road.issn.org/>, ICPP-ICP (International Catalog of the Periodical Publications, edited by the ISSN International Centre from Paris) <http://www.defs.unibuc.ro/conferintaub/revista.php> <https://university-arena.unibuc.ro/wp-content/uploads/2021/04/University-Arena-5-2020.pdf>
 14. **Olănescu Mihai.** *Communication in Physical Education and Sport lessons.* Published in University Arena – Journal of Physical Education, Sport and Health (Online), vol. 3, issue 2, 2019, pp. 25-29, ISSN: 2602-0440, ISSN-L: 2602-0440, Journal indexed by the International Data Base (BDI): ROAD (Directory of Open Access Scholarly Resources) <https://road.issn.org/>, ICPP-ICP (International Catalog of the Periodical Publications, edited by the ISSN International Centre from Paris) <https://university-arena.unibuc.ro/wp-content/uploads/2019/07/Journal-University-Arena-vol-3-issue-2-2019.pdf>
 15. **Olănescu Mihai.** *Social Dimensions of Practicing Physical Activities and Sports at Student Population from Technical University of Cluj-Napoca. Quantitative research.* Published at 5th International Congress of Physical Education, Sports and Kinetotherapy (ICPESK), National University of Physical Education and Sports, Bucharest, Romania, 10-13 June 2015.
 16. **Olănescu Mihai.** *How students enrolled at Technical University of Cluj-Napoca relate to the opportunity to practice more sport.* Published at The International Conference: The role of physical education and sport in optimizing quality of life, Polytechnic University of Bucharest, Bucharest, May 8th 2015, ISSN 1844-3923
 17. **Olănescu Mihai.** *Wow students relate to the sports that can be practised at Technical University of Cluj-Napoca.* Published at The International Conference: The role of physical education and sport in optimizing quality of life, Polytechnic University of Bucharest, Bucharest, May 8th 2015, ISSN 1844-3923
 18. **Olănescu Mihai.** *Ways of spending leisure time at student population from Technical University of Cluj-Napoca.* Published at International Session Of Scientific Communications: Priorities and perspectives in Physical Education and Sport, University of Bucharest, March 20th, 2015, ISSN 1843-7079
 19. **Olănescu Mihai.** *Student opinions of the Technical University of Cluj-Napoca relating to the number of physical education hours in the curriculum of higher education and the conduct of them.* Published at International Session Of Scientific Communications: Priorities and perspectives in Physical Education and Sport, University of Bucharest, March 20th, 2015, ISSN 1843-7079
 20. **Olănescu Mihai.** *Qualitative study on the Experiences and Social Motivations of Students from the Technical University of Cluj-Napoca in the Regular Practice of Sports.* Published at The Scientific Conference with international participation: The role of physical education and sport in optimizing the quality of life, Polytechnic University of Bucharest, Bucharest, 9 May 2014, ISSN 1844-3923
 21. **Olănescu Mihai.** *Quantitative study on the way in which students enrolled at Technical University of Cluj-Napoca practice physical activities and sports.* Published at The Scientific Conference with international participation: The role of physical education and sport in optimizing the quality of life, Polytechnic University of Bucharest, Bucharest, 9 May 2014, ISSN 1844-3923
 22. **Olănescu Mihai.** *Students' motivation to engage in sports physical activities.* Published at The Scientific Conference with international participation: Motricity an important

component in the optimization of human performance, Polytechnic University of Bucharest, Bucharest, May 2013 ISBN: 978-973-1923-24-6

23. **Olănescu Mihai.** *Brief overview of physical activity practiced by students.* Published by International Scientific Communications Session: physical assets in higher education, present and prospects, 2009, Polytechnic University of Bucharest, Bucharest, May 2009, ISSN: 1844-3923
24. **Olănescu Mihai.** *Leisure time and physical activity - acute problems of modern society.* Published in International Scientific Session: Beijing Olympics 2008, National Academy of Physical Education and Sports Bucharest, Bucharest, June 16, 2008, ISBN: 978-606-52-5
25. **Olănescu Mihai.** *Importance of physical activity in modern society.* Published in International Scientific Session: Tradition and perspective in physical education and sport, National Academy of Physical Education and Sports Bucharest, Bucharest, June 16, 2007, ISBN: 978-973-715-755-0
26. **Olănescu Mihai.** *Addressing physical education and sport in the new social, political and cultural center of European integration.* Published National Scientific Session: Quality and efficiency in physical education and sport in European integration, University of Bucharest, Bucharest, December 8, 2006, ISBN: 973-737-239-5

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1. **Olanescu Mihai.** *Dimensiuni sociale ale practicării activităților fizice sportive. Ediția a II-a revizuită și completată,* Editura Risoprint, Cluj-Napoca, 2023, ISBN 978-973-53-3014-9
2. **Olanescu Mihai.** *Practicarea activităților fizice sportive la populația studentescă. Studiu de caz Universitatea Tehnică din Cluj-Napoca. Ediția a 2-a revizuită și completată,* Editura Risoprint, Cluj-Napoca, 2023, ISBN 978-973-53-3022-4
3. **Olanescu Mihai.** *Dimensiuni sociale ale practicării activităților fizice sportive,* Editura Napoca Star, Cluj-Napoca, 2015, ISBN 978-606-690-234-2
4. **Olanescu Mihai.** *Practicarea activităților fizice sportive la populația studentescă. Studiu de caz Universitatea Tehnică din Cluj-Napoca,* Editura Napoca Star, Cluj-Napoca, 2015, ISBN 978-606-690-235-9
5. **Olanescu Mihai.** *Atacul rapid in jocul de baschet,* Editura Napoca Star, Cluj-Napoca, 2007, ISBN: 978-973-647-548-1.
6. Dumitrescu, M., **Olănescu, M.**, Rusu, A. – *Educație fizică pentru studenții din U.T.C.N,* Editura UTPres, Cluj-Napoca, 2007, ISBN 978-973-662-291-5

Membru

EUPEA (European Physical Education Association)
 FIEP (Federation Internationale d' Education Physique)
 FIEP Romania

Data:
 8.01.2024

Semnatura:

