

List of candidate's paper works

The format and organization of this list is in accordance with art. 16 of the "Methodology of the contest for the occupation of vacant teaching and research positions in the Technical University of Cluj-Napoca".

A. The list of the maximum 10 papers works considered by the candidate to be the most relevant to their own professional achievements, which are included in electronic format in the file and which can also be found in the other categories of papers:

1. **Olanescu, M.A.**; Suciu, M.A.; Scheuer, C.; Peris, M. *COVID-19 Pandemic: Impediment or Opportunity? Considerations Regarding the Physical-Health Impact and Well-Being among Romanian University Students*. *Appl. Sci.* **2022**, *12*, 8944.
<https://doi.org/10.3390/app12188944>
<https://www.webofscience.com/wos/woscc/full-record/WOS:000858021600001>
2. Hadžović, M.M.; Đorđević, S.N.; Jorgić, B.M.; Stojiljković, N.Đ.; **Olanescu, M.A.**; Suciu, A.; Peris, M.; Plesa, A. Innovative Protocols for Determining the Non-Reactive Agility of Female Basketball Players Based on Familiarization and Validity Tests. *Appl. Sci.* **2023**, *13*, 6023. <https://doi.org/10.3390/app13106023>
<https://www.webofscience.com/wos/woscc/full-record/WOS:000995505900001>
3. Kojić, F.; Pelemiš, V.; Jorgić, B.; **Olanescu, M.**; Suciu, A.; Peris, M. Relationship between Body Composition and Gross Motor Coordination in Six-Year-Old Boys and Girls. *Appl. Sci.* **2023**, *13*, 6404. <https://doi.org/10.3390/app13116404>
<https://www.webofscience.com/wos/woscc/full-record/WOS:001004865400001>
4. Majkić, B.; Stojanović, N.; Marković, A.; Stojiljković, N.; **Olanescu, M.**; Suciu, A.; Peris, M.; Plesa, A. Running Speed Loss Can Be Prevented with Passive Heat Maintenance Before the Start of the Soccer Match. *Appl. Sci.* **2023**, *13*, 6889.
<https://doi.org/10.3390/app13126889>
<https://www.webofscience.com/wos/woscc/full-record/WOS:001016911500001>
5. **Olănescu Mihai**, Suciu Marius Adrian, Peris Miruna. *Implementation of technology in physical activities designed for students*. Published in: 2021 9th International Conference on Modern Power Systems (MPS), Date of Conference: 16-17 June 2021, Date Added to IEEE Xplore: 28 July 2021, Electronic ISBN:978-1-6654-3382-2, Print on Demand (PoD) ISBN:978-1-6654-3383-9, INSPEC Accession Number: 20968167, DOI: [10.1109/MPS52805.2021.9492648](https://doi.org/10.1109/MPS52805.2021.9492648), Publisher: IEEE, Conference Location: Cluj-Napoca, Romania <https://ieeexplore.ieee.org/document/9492648>
<https://www.webofscience.com/wos/woscc/full-record/WOS:000941563300067>
6. **Olănescu Mihai**, Suciu Marius Adrian, Peris Miruna, Ianosi Alexandru. *Smart assessment methodology in physical education classes*. Published in: 2021 9th International Conference on Modern Power Systems (MPS), Date of Conference: 16-17 June 2021, Date Added to IEEE Xplore: 28 July 2021, Electronic ISBN:978-1-6654-3382-2, Print on Demand (PoD) ISBN:978-1-6654-3383-9, INSPEC Accession Number: 20968207 DOI: [10.1109/MPS52805.2021.9492587](https://doi.org/10.1109/MPS52805.2021.9492587), Publisher: IEEE, Conference Location: Cluj-Napoca, Romania <https://ieeexplore.ieee.org/document/9492587>
<https://www.webofscience.com/wos/woscc/full-record/WOS:000941563300031>

7. **Olănescu Mihai.** *Study On Sports Socialization Among University Students.* GYMNASIUM, [S.I.], v. XXII, n. 1, p. 19-33, june 2021. ISSN 2344-5645. Available at: <http://www.gymnasium.ub.ro/index.php/journal/article/view/626>
doi: <https://doi.org/10.29081/gsjesh.2021.22.1.02>.
8. **Olănescu Mihai.** *Study of Sports Motivation of Students from the Technical University of Cluj-Napoca.* STUDIA UBB EDUCATIO ARTIS GYMN., LXVI, 3, 2021, pp. 93 – 106 (RECOMMENDED CITATION) DOI: 10.24193/SUBBEAG.66(3).27
http://www.studia.ubbcluj.ro/download/pdf/educatio/2021_1/05.pdf
9. **Olănescu Mihai.** *Main Factors that Contribute to the Reduction of Participation in Sports Activities Among University Students.* STUDIA UBB EDUCATIO ARTIS GYMN., LXVI, 1, 2021, pp. 51 – 59 (RECOMMENDED CITATION) DOI:10.24193/subbeag.66(1).05,
<http://www.studia.ubbcluj.ro/download/pdf/1356.pdf>
10. **Olănescu Mihai.** *A comparative study of students' motivation to practice sports activities in their leisure time.* SPORT AND SOCIETY Interdisciplinary Journal of Physical Education and Sports Volume 21, Issue 1 (2021) <https://doi.org/10.36836/2021/2/22>

B. Doctoral thesis

Thesis title: Social dimensions of practising physical activities and sports in the student population - with special regard to Technical University of Cluj-Napoca

Supervisor: Prof.dr. Iluț Petru

Defended on: 25.04. 2014

Minister's order: 377/15.07.2014

C. Patents and other intellectual property titles

D. Books and chapters in books

1. **Olănescu Mihai.** *Social dimensions of practicing physical activities and sports. 2nd edition revised and supplemented, Risoprint Publishing House, Cluj-Napoca, 2023, ISBN 978-973-53-3014-9*
2. **Olănescu Mihai.** *Practicing physical sports activities among the student population. Case study Technical University of Cluj-Napoca. 2nd Revised and Completed Edition, Risoprint Publishing House, Cluj-Napoca, 2023, ISBN 978-973-53-3022-4*
3. **Olănescu Mihai.** *Social dimensions of practicing physical sports activities, Napoca Star Publishing House, Cluj-Napoca, 2015, ISBN 978-606-690-234-2*
4. **Olănescu Mihai.** *Practicing physical sports activities among the student population. Case study Technical University of Cluj-Napoca, Napoca Star Publishing House, Cluj-Napoca, 2015, ISBN 978-606-690-235-9*
5. **Olănescu Mihai.** *The transition game in basketball, Napoca Star Publishing House, Cluj-Napoca, 2007, ISBN: 978-973-647-548-1*
6. Dumitrescu, M., **Olănescu, M.**, Rusu, A. – *Physical education for students from T.U.C.N, UTPres Publishing House, Cluj-Napoca, 2007, ISBN 978-973-662-291-5*

E. Full-length articles/studies published in mainstream international scientific journals

- * 1. **Olănescu, M.A.**; Suci, M.A.; Scheuer, C.; Peris, M. COVID-19 Pandemic: Impediment or Opportunity? Considerations Regarding the Physical-Health Impact and Well-Being among Romanian University Students. *Appl. Sci.* **2022**, *12*, 8944. <https://doi.org/10.3390/app12188944>
- * 2. Hadžović, M.M.; Đorđević, S.N.; Jorgić, B.M.; Stojiljković, N.Đ.; **Olănescu, M.A.**; Suci, A.; Peris, M.; Plesa, A. Innovative Protocols for Determining the Non-Reactive Agility of Female Basketball Players Based on Familiarization and Validity Tests. *Appl. Sci.* **2023**, *13*, 6023. <https://doi.org/10.3390/app13106023>
- * 3. Kojić, F.; Pelemiš, V.; Jorgić, B.; **Olănescu, M.**; Suci, A.; Peris, M. Relationship between Body Composition and Gross Motor Coordination in Six-Year-Old Boys and Girls. *Appl. Sci.* **2023**, *13*, 6404. <https://doi.org/10.3390/app13116404>
- * 4. Majkić, B.; Stojanović, N.; Marković, A.; Stojiljković, N.; **Olănescu, M.**; Suci, A.; Peris, M.; Plesa, A. Running Speed Loss Can Be Prevented with Passive Heat Maintenance before the Start of the Soccer Match. *Appl. Sci.* **2023**, *13*, 6889. <https://doi.org/10.3390/app13126889>
- * 5. Jorgić, B.M.; Đorđević, S.N.; Hadžović, M.M.; Milenković, S.; Stojiljković, N.Đ.; **Olănescu, M.**; Peris, M.; Suci, A.; Popa, D.; Plesa, A. The Influence of Body Composition on Sagittal Plane Posture among Elementary School-Aged Children. *Children* **2024**, *11*, 36. <https://doi.org/10.3390/children11010036> <https://www.mdpi.com/2227-9067/11/1/36>
- * 6. **Olănescu Mihai**, Suci Marius Adrian, Peris Miruna. *Implementation of technology in physical activities designed for students*. Published in: 2021 9th International Conference on Modern Power Systems (MPS), Date of Conference: 16-17 June 2021, Date Added to IEEE Xplore: 28 July 2021, Electronic ISBN:978-1-6654-3382-2, Print on Demand (PoD) ISBN:978-1-6654-3383-9, INSPEC Accession Number: 20968167, DOI: [10.1109/MPS52805.2021.9492648](https://doi.org/10.1109/MPS52805.2021.9492648), Publisher: IEEE, Conference Location: Cluj-Napoca, Romania <https://ieeexplore.ieee.org/document/9492648>
<https://www.webofscience.com/wos/woscc/full-record/WOS:000941563300067>
- *7. **Olănescu Mihai**, Suci Marius Adrian, Peris Miruna, Ianos Alexandru. *Smart assessment methodology in physical education classes*. Published in: 2021 9th International Conference on Modern Power Systems (MPS), Date of Conference: 16-17 June 2021, Date Added to IEEE Xplore: 28 July 2021, Electronic ISBN:978-1-6654-3382-2, Print on Demand (PoD) ISBN:978-1-6654-3383-9, INSPEC Accession Number: 20968207 DOI: [10.1109/MPS52805.2021.9492587](https://doi.org/10.1109/MPS52805.2021.9492587), Publisher: IEEE, Conference Location: Cluj-Napoca, Romania <https://ieeexplore.ieee.org/document/9492587>
<https://www.webofscience.com/wos/woscc/full-record/WOS:000941563300031>
- * 8. **Olănescu Mihai**. *Study On Sports Socialization Among University Students*. GYMNASIUM, [S.l.], v. XXII, n. 1, p. 19-33, june 2021. ISSN 2344-5645. Available at: <http://www.gymnasium.ub.ro/index.php/journal/article/view/626>
doi: <https://doi.org/10.29081/gsjesh.2021.22.1.02>.
- * 9. **Olănescu Mihai**. *Study of Sports Motivation of Students from the Technical University of Cluj-Napoca*. STUDIA UBB EDUCATIO ARTIS GYM., LXVI, 3, 2021, pp. 93 – 106 (RECOMMENDED CITATION) DOI: 10.24193/SUBBEAG.66(3).27
http://www.studia.ubbcluj.ro/download/pdf/educatio/2021_1/05.pdf
- *10. **Olănescu Mihai**. *Main Factors that Contribute to the Reduction of Participation in Sports Activities Among University Students*. STUDIA UBB EDUCATIO ARTIS GYM., LXVI, 1, 2021, pp.

51 – 59 (RECOMMENDED CITATION) DOI:10.24193/subbeag.66(1).05,
<http://www.studia.ubbcluj.ro/download/pdf/1356.pdf>

* 11. **Olănescu Mihai.** *A comparative study of students' motivation to practice sports activities in their leisure time.* SPORT AND SOCIETY Interdisciplinary Journal of Physical Education and Sports Volume 21, Issue 1 (2021) <https://doi.org/10.36836/2021/2/22>

12. **Olănescu Mihai,** Popa Carmin. *Adaptive Solutions For The Junior Basketball Player To Maintain A High Level Of Physical Training Throughout The Pandemic.* Ovidius University Annals, Series Physical education and Sport/Science, Movement and Health, Issue 1, Volume XXIII, January 2023, 23 (1): pp: 49 - 54. <https://analefefs.ro/anale-fefs/2023/i1/>

13. **Olănescu Mihai,** Popa Carmin. *Study regarding the influence of the pandemic on the junior basketball training program.* Ovidius University Annals, Series Physical education and Sport/Science, Movement and Health, Issue 2 Supplement, Volume XXI, September 2021, 21 (2): pp: 389 - 394. <https://www.analefefs.ro/anale-fefs/2021/i2-supplement/>

14. **Olănescu Mihai.** *Communication in Physical Education and Sport lessons.* Published in University Arena – Journal of Physical Education, Sport and Health (Online), vol. 3, issue 2, 2019, pp. 25-29, ISSN: 2602-0440, ISSN-L: 2602-0440, Journal indexed by the International Data Base (BDI): ROAD (Directory of Open Access Scholarly Resources) <https://road.issn.org/>, ICPP-ICP (International Catalog of the Periodical Publications, edited by the ISSN International Centre from Paris) <https://university-arena.unibuc.ro/wp-content/uploads/2019/07/Journal-University-Arena-vol-3.-issue-2-2019.pdf>

15. **Olănescu Mihai.** *Assessment of Learning in Physical Education and Sport Lessons,* Published in Journal of Physical Education, Sport and Health (Online), vol. 5, issue 3, 2020, pp. 26-29, ISSN: 2602-0440, ISSN-L: 2602-0440, Journal indexed by the International Data Base (BDI): ROAD (Directory of Open Access Scholarly Resources) <https://road.issn.org/>, ICPP-ICP (International Catalog of the Periodical Publications, edited by the ISSN International Centre from Paris) <https://university-arena.unibuc.ro/wp-content/uploads/2021/04/University-Arena-5-2020.pdf>

F. Publications in extenso, appearing in papers of the main international specialized conferences

1. **Olănescu Mihai,** Suciú Marius Adrian, Peris Miruna. *The influence of visual feedback enhancing neuromuscular control developing strength and power.* SAUM 2021 XV International Conference, 09-10th September, Niš, Serbia. http://saum.elfak.rs/documents/conferences/4/SAUM_2021_FINAL_PROGRAM.pdf

2. **Olănescu Mihai.** *Social Dimensions of Practicing Physical Activities and Sports at Student Population from Technical University of Cluj-Napoca. Quantitative research.* Published at 5th International Congress of Physical Education, Sports and Kinetotherapy (ICPESK), National University of Physical Education and Sports, Bucharest, Romania, 10-13 June 2015. <http://www.unefs.ro/internationalcongress/archive/2015/Physical%20education.pdf>
<https://drive.google.com/file/d/1cMVj6p7UrCk29SPtnvmxeFCY1051j32l/view>

3. **Olănescu Mihai.** *Wow students relate to the sports that can be practised at Technical University of Cluj-Napoca.* Published at The International Conference: The role of physical education and sport in optimizing quality of life, Polytechnic University of Bucharest, Bucharest, May 8th 2015, ISSN 1844-3923

- 4. Olănescu Mihai.** *How students enrolled at Technical University of Cluj-Napoca relate to the opportunity to practice more sport.* Published at The International Conference: The role of physical education and sport in optimizing quality of life, Polytechnic University of Bucharest, Bucharest, May 8th 2015, ISSN 1844-3923
- 5. Olănescu Mihai.** *Ways of spending leisure time at student population from Technical University of Cluj-Napoca.* Published at International Session Of Scientific Communications: Priorities and perspectives in Physical Education and Sport, University of Bucharest, March 20th, 2015, ISSN 1843-7079
<http://www.defs.unibuc.ro/conferintaub/administrare/cpanel/file-manager/uploads/revista-defs-2015.pdf>
- 6. Olănescu Mihai.** *Student opinions of the Technical University of Cluj-Napoca relating to the number of physical education hours in the curriculum of higher education and the conduct of them.* Published at International Session Of Scientific Communications: Priorities and perspectives in Physical Education and Sport, University of Bucharest, March 20th, 2015, ISSN 1843-7079
<http://www.defs.unibuc.ro/conferintaub/administrare/cpanel/file-manager/uploads/revista-defs-2015.pdf>
- 7. Olănescu Mihai.** *Qualitative study on the Experiences and Social Motivations of Students from the Technical University of Cluj-Napoca in the Regular Practice of Sports.* Published at The Scientific Conference with international participation: The role of physical education and sport in optimizing the quality of life, Polytechnic University of Bucharest, Bucharest, 9 May 2014, ISSN 1844-3923
- 8. Olănescu Mihai.** *Quantitative study on the way in which students enrolled at Technical University of Cluj-Napoca practise physical activities and sports.* Published at The Scientific Conference with international participation: The role of physical education and sport in optimizing the quality of life, Polytechnic University of Bucharest, Bucharest, 9 May 2014, ISSN 1844-3923
- 9. Olănescu Mihai.** *The motivation of students from the Technical University of Cluj-Napoca to practice physical sports activities.* Published at the National Session of Scientific Communications with international participation: Physical education and sports training: Actuality and perspectives, Păltiniș, Sibiu, 24th May 2013, ISBN: 978-973-1923-24-6
- 10. Olănescu Mihai.** *Students' motivation to get involved in physical sports activities.* Published at the Scientific Communications Session with international participation: Motricity, an important component in optimizing human performance, Polytechnic University of Bucharest, Bucharest, 10th May 2013, ISSN 1844-3923
<http://www.conferintaefs.pub.ro/Texte/Volum%20Conferinta%20DEFS%20UPB%202013.pdf>
- 11. Olănescu Mihai.** *Short foray into the physical activities practiced by students.* Published at the Scientific Communications Session with international participation: Physical activities in higher education, present and perspectives, 2009, Polytechnic University of Bucharest, Bucharest, May 2009, ISSN 1844-3923
- 12. Olănescu Mihai.** *Free time and physical activity, acute problems of modern society.* Published at the International Session of Scientific Communications: Human Performance from an Olympic Perspective, National Academy of Physical Education and Sport Bucharest, Bucharest, 21 June 2008, ISBN: 978-606-521-029-5
- 13. Olănescu Mihai.** *The importance of physical activities in modern society.* Published at the International Session of Scientific Communications: Tradition and perspective in physical education and sport, National Academy of Physical Education and Sport Bucharest, Bucharest,

16th June 2007, ISBN 978-973-715-755-0, <http://congres.unefsb.ro/archivenew/>,
<https://drive.google.com/file/d/1XsEyRbNUuND2wYBMLgee265bGVkHgyA5/view>

G. Other scientific works and contributions or, as the case may be, in the field of artistic creation

1. **Olănescu Mihai.** *Approaching the issue of physical education and sport in the new social, political and cultural context of European integration. Published at the National Session of Scientific Communications: Quality and efficiency in the field of physical education and sport for European integration, University of Bucharest, Bucharest, December 8, 2006, ISBN 973-737-239-5*
2. **Olănescu Mihai.** *Generalities regarding the transition game in basketball. Published at the Session of Scientific Communications V: Physical education and sport in the educational system in Romania, Academic Association "Avram Iancu" University Cluj-Napoca, May 14, 2001*
3. **Olănescu Mihai.** *The unitary concept of training and playing of senior basketball teams. Published in the Journal of physical education and sport of the Romanian Sports Research Center - "Sportforschung Zentrum" Mannheim - Heidelberg, affiliated to the American - Romanian Academy, 2000*
4. **Olănescu Mihai.** *The perspectives of physical education and sport in the third millennium. Published in the Journal of physical education and sport of the Romanian Sports Research Center - "Sportforschung Zentrum" Mannheim - Heidelberg, affiliated to the American - Romanian Academy, 2000*

* NOTE: Publications marked with an asterisk were also mentioned in section A of this list

Date: 20.12.2023

Candidate signature:

